

# **2018 Coos Bay Summer Seminar July 19-22, 2018**

Greetings,

July is fast approaching and now is the time to begin planning to attend the 2018 Western Pacific Tang Soo Do Association Summer Seminar. 2018 marks our 33rd annual summer camp at the Coos Bay Retreat.

***The theme of the 2018 Summer Camp is "Make it Work for You". Not only learn new techniques, but learn how to make them work for you.***

Write down your ideas of how you can improve yourself and how the WPTSD Association can improve. Give your ideas to one of the masters to talk to and help you evaluate your ideas and we will see what we can do to help.

If you have a question, ask any of the masters, feel free to ask them at any time. If you see or are working out with someone you do not know, introduce yourself.

**If you want to hear any of the "Old Training Stories" ask any of the "old timers" to tell you, if they can remember. :-)**

See you in Coos Bay, Grand Master Estioko

## **Schedule: (times and events subject to change)**

<b>Thursday:</b>	<b>2:30 pm</b>		<b>Camp Opens</b>
	2:30 pm	8:00 pm	Arrival & Set up Camp
	6:00 pm	7:00 pm	Dan Meeting I
	7:00 pm	8:00 pm	Dinner Break
	8:00 pm	9:00 pm	Welcoming Ceremony
<b>Friday:</b>	<b>5:30 am</b>		<b>Wake Up</b>
	6:00 am	8:00 am	Morning Beach Training
	8:00 am	9:00 am	Break
	9:00 am	10:30 am	Seminar Session I & Green Belt Session
	10:30 am	11:00 am	Break
	11:00 am	12:30 pm	Seminar Session II & Red Belt Session
	12:30 pm	1:30 pm	Lunch Break
	1:30 pm	3:00 pm	Seminar Session III
	3:00 pm	7:00 pm	Break
	7:00 pm	8:00 pm	Dinner Break
8:00 pm	9:00 pm	Questions and Answers	
<b>Saturday:</b>	6:30 am	8:00 am	Master's Session
	8:00 am	9:00 am	Break
	9:00 am	10:30 am	Seminar Session IV & Dan Session
	10:30 am	11:00 am	Break
	11:00 am	12:30 pm	Seminar Session V
	12:30 pm	1:30 pm	Lunch Break
	3:30 pm	7:00 pm	Break
	7:00 pm	8:00 pm	Pot Luck Feast
	8:00 pm	9:00 pm	Awards / Closing Ceremony
	<b>Sunday:</b>	<b>5:30 am</b>	
6:00 am		8:00 am	Morning Beach Training
8:00 am		Noon	Break Camp
<b>Noon</b>			<b>Close Camp</b>

## Who Can Attend:

Any member 12 years or older, of the Western Pacific Tang Soo Do Association, Affiliates, Families and Invited guests. **Mandatory attendance is required for all Dan and Cho Dan Bo members who expect to test in November.**

**All students under the age of 12 must be accompanied by a parent or guardian.**

While the seminar representatives will work to ensure both the safety and supervision during training sessions, please note that students may not have direct supervision between training sessions.

## Camp Facilities:

Each School representative will provide their group with information concerning food, shelter, clothing, etc.

Temperatures range between 50-75 degrees in the day and 45-65 degrees at night. Showers facilities are available in the main campground.

## Pot Luck Dinner:

The pot luck dinner will be held on Saturday, July 21st at 7:00pm. Each group is asked to provide an entire meal that would feed their respective group. (Please include your guests and persons not working out.) We will be gathering pot luck information 2 weeks prior to the camp. Please be prepared to submit your total headcount and items your group will be supplying for the pot luck dinner.

## General Information:

***There will be Mandatory sessions for Green, Red and Black Belts conducted by Grand Master Shintaku and Master Watson. All are required to attend. Check the schedule to see when your particular session is scheduled to take place.***

- Vehicle Parking:** All vehicles shall park to the right as you enter the campground. Please be very careful whenever driving in the campgrounds. Maintain a speed limit of 10 mph or slower
- Campsite:** The summer is a chance for our organization to get together and share both knowledge and friendship. In an effort to make this happen, all camping will be to the left of the Norton Gulch entrance and the parking to the right of the entrance. **Make it a point to get to know your neighbor.**
- Meals:** Each school will be responsible for their groups' meals for the Coos Bay Summer Seminar.
- Pot Luck Dinner:** The Pot Luck Dinner is on Saturday July 21, 2018 at 7:00 pm. **Please read the above section on the pot luck, and organize within your group.**
- Recognition Awards:** Again we will be looking for individuals who demonstrate outstanding qualities during the camp. Nominations will be taken after the last seminar on Saturday and close at 6:00 pm. Awards will be announced at the Prize Drawing that same night. 6 categories will be awarded;

**Outstanding Spirit  
Most Inspirational  
Best Attitude  
Outstanding Youth (17 & under)  
Outstanding Adult (18+)  
Outstanding Instructor**

**Keep your eyes open and be ready to make your nominations Saturday evening.**

As always Courtesy and Respect is our primary goal at the Summer Seminar. Please remember to always follow park rules and regulations, be courteous to other campers, be careful and have fun.

***Tang Soo Do Begins and Ends with Discipline, Respect, and Courtesy.***

**Seminar Equipment Suggestions:**

1. Tang Soo Do Do Bahk (mandatory) (2 recommended)
2. Safety Protectors (recommended)
3. Running and Hiking Shoes and Socks
4. Long Trousers
5. Light Shirts
6. Jacket or Parka
7. Swimsuit
8. Flashlight
9. Shower and toilet articles
10. Sunglasses and Sun Block
11. Camera, Books, Sporting Equipment, Etc....

**Registration Information:**

**Registration begins June 17, 2018 and must be received no later than Wednesday, July 18, 2018 by your school representative.** Due to limited space available, the number of participants will also be limited.

**The enclosed registration, health information and physical examination forms must be completed and your school's Head Instructor must receive all information by July 18, 2018.**

**School Representatives, please note that all registrations and fees are to be sent to Master Matsuda Wednesday July 18, 2018 or given to Master Santiago, or Andre Nash at the campsite.**

Master Matsuda's address, phone numbers & e-mail is:

Master Brooks Matsuda  
6630 Flamingo Way  
Sacramento, CA 95828  
(916) 446-1205 work  
(916) 476-1612 mobile  
E-mail: brooks5dan@comcast.net

**Cost: (includes camp fees & all seminars)**

Western Pacific Tang Soo Do Association Members:	\$65.00
Non - Western Pacific Tang Soo Do Association Members:	\$75.00
Family and Friends (Non - Participants)	\$25.00

**Refunds:**

Refunds may be requested up to Wednesday August 2, 2017. Refunds after Wednesday July 18, 2018 will be given only for special cases and emergencies.

**Health Information:**

If you are required to have medication with you, please advise and give your representative all medications for both safekeeping and the safety of others. Medical prescriptions must be labeled and issued to the person requiring it. A tetanus immunization, since January of this year, is both important and recommended. Please note date of immunization on health form.

## 2018 Summer Seminar Registration Form

Complete a separate registration for each participant  
Please PRINT

Participant Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Dojang Name: \_\_\_\_\_ Rank: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_  
(if contact is not in attendance)

Physician's Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Last Tetanus Shot: \_\_\_\_\_ Can participant swim?: YES  NO   
(month/year)

List all allergies: \_\_\_\_\_

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Please attach a note of any health factors, which make it necessary for the participant(s) to follow a limited or restricted physical activity program at sea level. (I.E. recent surgery, allergies, diet, etc.)

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### **Authorization for Medical Treatment**

A parent or legal guardian must sign this "Authorization for Medical Treatment" before medical attention can be administered in the event of an emergency

**I hereby authorize the physician contacted by the seminar representative to provide medical or surgical care for the above named participant in any Emergency which may occur while he/she is attending the 2018 Western Pacific Tang Soo Do Association' Summer Seminar.**

Adult Participant or Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**If you choose not to sign the above waiver, any other desired action must be specified in writing and signed in the space provided below.**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Adult Participant or Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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### **2018 Summer Seminar Hold Harmless Clause**

(Please read and sign below)

I, the undersigned adult, on behalf of myself (and my child(ren) if any such child(ren) are registered as a Participant) agree to indemnify and to hold the Western Pacific Tang Soo Do Association, its affiliates, instructors, officials and agents, while acting within the scope of their duties, harmless from all lawsuits, causes of actions, demands, and claims, including costs of their defense, arising in favor of myself, my child (ren) participant (if applicable), or third parties, on account of personal injuries, death or damage to property arising out of the activities related to the above Summer Seminar activities.

Adult Participant or Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## **Non-Participant Information**

Please list all non-participants who will be in attendance.

Name(s) of Participants: \_\_\_\_\_

Non-Participant(s) Name:	Relationship	Are you an Emergency Contact?	
		YES	NO
_____	_____	YES	NO
_____	_____	YES	NO
_____	_____	YES	NO
_____	_____	YES	NO
_____	_____	YES	NO
_____	_____	YES	NO
_____	_____	YES	NO
_____	_____	YES	NO

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### Non-Participant Emergency Contact Information

If neither the Participant(s) nor any of the Non-Participant(s) listed above are not your Emergency Contact, please note Emergency Contact below.

Name(s) of Non-Participants: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Name(s) of Non-Participants: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Name(s) of Non-Participants: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

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### **Emergency Notification Information:**

In the event of an emergency at home and you need to contact a seminar participant, the following information will allow you to contact the seminar site. The park rangers will be given an agenda of the seminar and will be able to relay any message to us if necessary. We will be in the Norton Gulch Group Campgrounds.

**Seminar Location:**

**Sunset Bay State Park Registration Booth  
13030 Cape Arago Highway  
Coos Bay, OR  
(541) 888-4902 ext 25**

Please place this notification form by your telephone

Please feel free to make copies of this form and make available to any friends or family members who may need to get in touch with you during the seminar weekend.